

October 2017

Regular Activities			
Day	Time	Activity	Venue
Mon-Fri	9.30-12.30	Pulhams Pre School - Contact Sarah Weller 07752878612	Mem. Hall
Wed & Thur	12.30-3.30	Pulhams Pre School–FULL DAY SESSIONS Contact Sarah Weller 07752878612	Mem. Hall
Mon	18.15	Pulham 1st Brownies - Contact Kat Navarro – 01379 608771	Mem Hall
Tue	10.15	Excell 2000 - over 60s exercise class	Meth. Srm
Tue 10 th , 24 th & 31 st	14.00	Pulham Orchestra - Contact – Mrs Jean Bishop on 01603 720586	Mem. Hall
Tue 3 rd , 10 th , 17 th , 24 th & 31 st	18.15-19.15	New to Yoga, Beginners class British Wheel of Yoga Teacher Rosie Evans 07714347982 www.rosieevansyoga.co.uk	Mem Hall Main Hall
Tue As above	19.30-2100	Yoga - British Wheel of Yoga Teacher Rosie Evans 07714347982 www.rosieevansyoga.co.uk	Mem Hall Main Hall
Wed	10.00	Open House/Coffee/Chat	Meth. Srm
Fri 6 th , 13 th , 20 th & 27 th	14.00	Carpet Bowls Carole Smith - 01379 608680	Mem Hall
1 st Thursday of every month	1.30-3.30	The Parish Signpost The Parish Signpost is to provide guidance to the vulnerable and elderly in the benefice by pointing them in the direction of where they may obtain assistance and help. Pulham Market Parochial Church Council	The Brewhouse

October Activities

Sun	1 st	AM	Church Harvest Lunch	Mem Hall
Wed	4 th , 11 th & 25 th	PM	Pulham Players	Mem Hall
Wed	4 th	Evening	Women's Club	Mem Hall
Fri	6 th	Evening	Horticultural Autumn Show	Mem Hall
Sat	7 th	19.00	Country Gold – Country Music Club Doors Open 7pm, music 8pm Call 07880995199/07545166760	Mem Hall
Sun	8 th	AM	All Age Worship	Mem Hall
Mon	9 th	7.30pm	Pulham Market Parish Council –Everyone Welcome	Mem Hall
Thurs	12 th	Evening	Women's Institute Contact Mrs S Smee 01379 608842	Mem Hall
Fri	13 th , 20 th , 27 th	PM	Pulham Players	Mem Hall
Sun	15 th	All Day	Pulham Players Workshop	Mem Hall
Tues	17 th	PM	Pulham Surgery Support Group	Mem Hall
Wed	18 th	PM	Pulham Society	Mem Hall
Fri	20 th	PM	Mobile Library Service	Various
Sat	21 st	All Day	Pulham Players Workshop	Mem Hall
Sun	22 nd	All Day	Pulham Players Workshop	Mem Hall
Sat	28 th	All Day	Pulham Players Workshop	Mem Hall
Sun	29 th	All Day	Pulham Players Workshop	Mem Hall

Free Publicity for your Event!

To advertise your event in this diary, send full details (date, time, venue, speaker and theme) by email to clerk@pulham-market.co.uk by 12th of preceding month. (Alternatively post details to Clare Crane, Parish Clerk, Sixmill Green, Colegate End Road, Pulham Market). You can also insert a flyer into the diary which will go to every household in Pulham Market - 440 to be delivered to the parish clerk by 20th of preceding month (call 01379 608590 to arrange).